

Curriculum Vitae



Personal Data

First name: Fatemeh

Family name:

Vizeshfar

Date of Birth: 1964

Place of Birth: Shiraz

Nationality: Iranian

Work Address

Nursing Department, School of Nursing and Midwifery

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I. Education

Years	Degree	Institution	Location
1997	BS	Esfahan University of Medical Sciences	Esfahan- Iran
1993	MS	Shiraz University of Medical Sciences	Shiraz-Iran
2017	PhD	Shiraz University of Medical Sciences	Shiraz-Iran

II. Professional experience

Years	Position	Institution	Location
1991-1995	Nursing Instructor	larestan Azad University	Larestan-Iran
1995-2010	Faculty member	hazrate zeinab nursing collage Larestan	Larestan-Iran
2010-2017	Faculty member	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Shiraz-Iran
2017-present	Assistant professor	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Shiraz-Iran

III. Teaching experiences

Years	Course	University	Students
1994-1997	Medical –Surgical disease for midwifes	Azad University	BS midwifery
1992-1993	Medical –Surgical disease	School of Nursing and midwifery shiraz	BS Midwifery(clinical)
1993-1994	Medical –Surgical disease	School of Nursing and midwifery shiraz	BS Nursing
1993-2010	Community health Nursing(1-3)	School of Nursing and midwifery shiraz	BS Nursing
1993-1996	Medical surgical disease(1-4)	Zeinab Nursing college	BS Nursing
1993-2010	Teaching method	Zeinab Nursing college	BS Nursing
1996-2010	Nursing management	Zeinab Nursing college	BS Nursing
1996-2010	Physical exam	Zeinab Nursing college	BS Nursing
1994-1996	Pediatric disease	Zeinab Nursing college	BS Nursing
1995-2010	Maternal and child health	Zeinab Nursing college	BS Nursing
1998-2010	Health	Grash University of medical sciences	BS operating room
2010-2015	Personal, Family and Community Health	School of Nursing and Midwifery Shiraz	BS Nursing
2010-2015	Environment health	School of Nursing and Midwifery Shiraz	BS Nursing
2010-present	Patient teaching	School of Nursing and Midwifery Shiraz	BS Nursing
2010-present	Nursing management	School of Nursing and Midwifery Shiraz	BS Nursing
2010-2016	Health	School of Nursing and Midwifery Shiraz	BS Operating room
2010-2012	Health for medical emergency	School of Nursing and Midwifery Shiraz	BS medical emergency
2010-2018	Management for anesthesia student	School of Nursing and Midwifery Shiraz	BS anesthesia
2010-2015	Management for OR student	School of Nursing and Midwifery Shiraz	BS operating room
2010-2015	Community health	School of Nursing and Midwifery Shiraz	BS Nursing
2014- present	Planning and evaluation of nursing care for community health	School of Nursing and Midwifery Shiraz	MS Community health nursing

2014-2016	Personal, family and community teaching methods	School of Nursing and Midwifery Shiraz	MS Community health nursing
2014-2016	The health of women and men in reproductive age	School of Nursing and Midwifery Shiraz	MS Community health nursing
2014-2016	Health promotion and healthy lifestyle	School of Nursing and Midwifery Shiraz	MS Community health nursing
2014-2016	Nursing economy	School of Nursing and Midwifery Shiraz	MS Community health nursing
2014-2016	Nursing and culture	School of Nursing and Midwifery Shiraz	MS Community health nursing
2014- present	Health service delivery systems	School of Nursing and Midwifery Shiraz	MS Community health nursing
2014-present	Community health nursing(family)	School of Nursing and Midwifery Shiraz	MS Community health nursing
2014-2019	Introduction in ICU Nursing	School of Nursing and Midwifery Shiraz	MS Medical-Surgical Nursing
2013-present	Introduction in NICU Nursing	School of Nursing and Midwifery Shiraz	MS neonatal intensive care unit
2014-2019	Management and leadership theories	School of Nursing and Midwifery Shiraz	MS neonatal intensive care unit
2016-present	Family health	Health School	MPH
2017-2019	Nursing management	School of Nursing and Midwifery Shiraz	MS Geriatric nursing
2019-present	Advance qualitative research	Management School	PhD Health in Emergencies and disasters
2019- present	qualitative research	Medical education	PhD Medical education
2019-present	Operation room management	School of Nursing and Midwifery Shiraz	MS Operating room
2020- present	Methodology and critique of quantitative and qualitative research	School of Nursing and Midwifery Shiraz	PhD in Nursing Education
2019- present	Management and leadership in nursing education	School of Nursing and Midwifery Shiraz	PhD in Nursing Education

IV. Honors and Awards

1. **Selected faculty Member 2002,2004**
2. **Selected researcher 2005,2006**

V. Membership

1. Member of the University Committee for the Promotion of Breast feeding, Shiraz University of Medical Sciences, since 2010-Present
2. Member of the Community Health Nursing Advisory Group, Health Ministry, since 2017- Present
3. Member of the Community based Psychiatric care research Center, Shiraz University of Medical Sciences, since 2018- Present
4. Member of the editorial board of the International Journal of Community based Nursing and Midwifery, Shiraz University of Medical Sciences since 2019- Present
5. Member of the patient education working group since 2019- Present
6. Member of the provincial group of patient education Shiraz University of Medical Sciences since 2020 – present,

VI. Publications:

A. Dissertations

1. Empowering health volunteer's through participatory action research in a comprehensive healthcare center

B. Articles

- 1) VizeshfarF, Mehdizadeh K, prevalence of unwanted pregnancy and relevant factors in patients referred to Lar and Grash hospital, The Iranian journal of obstetric , Gyneocology and infertility, 2004; 7(1): 101-110
- 2) VizeshfarF, Assessment of the internet addiction between larian net users Fundamentals of mental health, 2005; 7(2526): 27-33.
- 3) Zahra Khademian, Fatemeh Vizeshfar, Nursing students' perceptions of the importance of caring behaviors, Journal of advanced nursing, 2008; 61(4): 456-462
- 4) VizeshfarF, Mehdizadeh K, women knowledge assessment about self care behavior in shiraz health care center, Journal of family medicine, 2008; 6(8):1-8
- 5) VizeshfarF, Sharifzadeh Z, Assessment Body Mass Index Effect on Pregnancy Outcomes in Larian Women Referred to Health Center in 1387, The Iranian Journal of Obstetrics, Gynecology and Infertility, 2011; 14(4) 41-46
- 6) MaghareiM, Vizeshfar F, Studying physical and emotional aspects of self-care among patients with cancer referred to the Chemotherapy ward of Shiraz Nemazi Hospital, Journal of Research in biology, 2012; 2(1) 001-009
- 7) SokhandaniM, Vizeshfar F, Study of the Prevalence of Obesity and Knowledge of Lar High School Students about Obesity Related Diseases in Larestan in 2009: A Short Report, J Rafsanjan Univ Med Scie, 2013; 12(2): 165-172
- 8) KhayerE, Forouhari S, Namavar Jahromi B, Jokar A, VizshfarF, Update The Sterilizing Techniques And The Knowledge And Performance Of Family Planning Staff, Research Journal of Pharmaceutical, Biological and Chemical Sciences, 2015; 6(3): 1828-1832
- 9) VizeshfarF, DehghanradF, MaghareiM, Sobhani MJ, Effects of Applying Role Playing Approach on Nursing Students' Education, International Journal of Humanities and Cultural Studies (IJHCS), 2016: 1772-1781
- 10) AhmadinezhadM, KargarM, VizeshfarF, Hadianfard MJ, Comparison of the Effect of Acupressure and Pilates-Based Exercises on Sleep Quality of Postmenopausal Women: A Randomized Controlled Trial, Iranian Journal of Nursing and Midwifery Research, 2017; 22: 140-146
- 11) VizeshfarF, Jaber A, The Relationship Between Religious Beliefs and Quality of Life Among Patients With Multiple Sclerosis, Journal of Religion and Health, 2017; 1(1):1-11

- 12) Mohammadi Z, Vizeshfar F, Montaseri Z, Montaseri H, Hosseini Teshnizi S, A review: study of effect of educating the parents of children aged 1 to 5 years admitted to selected clinics in shiraz city on the occurrence of medication errors in shiraz city ,2016: 8(6s): e-1173194
- 13) Vizeshfar F, mohammadnejad S, Ahmadynezhad M , Determination of nutritional status and its effective factors among the elderly, Research Journal of Pharmaceutical, Biological and Chemical Sciences,2016: 7(6): 1750-1754
- 14) Vizeshfar F, Torabizadeh C, The effect of teaching based on dominant learning style on nursing students' academic achievement, Nurse education in practice,2018: 28:103-108
- 15) Vizeshfar F, Momennasab M, Yektatalab S, Iman M.T, Evaluation of the Effectiveness of a First Aid Health Volunteers Training Programme using Kirkpatrick's Model: A Pilot Study, Health Education Journal,2018, 77 (2), pp 190-197.
- 16) Vizeshfar F, Momennasab M, Yektatalab S, Iman M.T ,Challenges faced by health volunteers in comprehensive health centers in the southwest of Iran: A qualitative content analysis
Journal of Medicine and Life,2018 11 (1), 62-68
- 17) Zare M, Vizeshfar F, Evaluation of Health Education Volunteering Program based on "Kirkpatrick Model" Journal of Health Promotion Management (JHPM),2019 8 (1), 31-34
- 18) Vizeshfar F, Zare M, Keshtkaran Z, Role-play versus lecture methods in community health volunteers, Nurse Education Today,2019, 79, 175-179
- 19) Askarian M, Jahanbin I, Vizeshfar F, Yazdanpanahi Z, Mohseni H, The Effects of Health Promotion Model on Preventive Behaviors of Osteoporosis during Premenopausal Period in Employed Women: A Quasi-experimental Study International Journal of Women's Health and Reproduction Sciences,2019,7 (3), 324-330
- 20) Abootalebi M, Heydari N, Vizeshfar F, Paran M, The Effect of Peer Education on Learning Vaccination Principles among Nursing Students of Shiraz University of Medical Sciences Preventive Care in Nursing & Midwifery Journal,2019, 9 (3), 21-26
- 21) Torabizadeh C, Nick N, Vizeshfar F, Jamalimoghadam N, Bagheri S, Effectiveness of an Educational Intervention to Increase Human Papillomavirus Knowledge and Attitude in Staff and Nursing Students Journal of Community Health Nursing,2020, 37 (4), 214-221
- 22) Torabizadeh C, Vizeshfar F. Academic Dishonesty in Publication of Qualitative Studies. Shiraz E-Med J.22(7):e105390.

- 23) Rivaz M, Rakhshan M, Vizeshfir F, Setoodegan E, Validation of the Iranian Version of the Hospital Ethical Climate Survey, Journal of nursing measurement, 2020, 28, (1)
- 24) Nikjo P, Vizeshfir F, Zarifsanayee N, Comparison of the effect of training academic honesty using two workshop and virtual training methods on the knowledge and attitude of MS students, Journal of Education and Health Promotion, 2021: 10(1) 180
- 25) Jamshidi Z, Nourozi Tabrizi K, Khoshknab M, Dalvandi A, Vizeshfir F, Khankeh H, Optimizing Care Strategies for Patients with Trauma Emergency: A Qualitative Study, 2021: 26(1) 32-40
- 26) Nikjo P, Vizeshfir F, Rohaninasab M, Ranjbar Kouchaksaraei S, Keshtkaran Z, A Study of Effect of Educational Intervention Based on PRECEDE-PROCEED Model on Diabetes and Blood Pressure Preventive Behaviors in Patients Referred to Selected Comprehensive health center, psychology and education, 2021: 58(4) 3989-3995
- 27) Jamshidi Z, Nourozi Tabrizi K, Fallahi-Khoshknab M, Dalvandi A, Vizeshfir F, Khankeh H, Identifying Challenges of Providing Care for Trauma Patients; A Concurrent Mixed Methods Study, Trauma Monthly, 2021: 26(1) 32-40
- 28) Vizeshfir F, Momennasab M, Yektatalab S, Iman M. T, Empowering health volunteer's through participatory action research in a comprehensive healthcare center, 2021: 21(899) 1-9
- 29) Abbasi F, Vizeshfir F, Jahanbin I, Gafari P, Effect of Education on Knowledge, Attitude, and Performance of Elderly Caretakers in Nursing Homes of Mashhad City, psychology and education, 2021: 58(5) 1703-1710

C. Books

1. Vizeshfir & et.al, Comprehensive Nursing Textbook Usable: All Nursing and Midwifery Fields, Publishers: Yarres, Sobhan publication, 2014

VII. Presentations in Congress

1. 1- Kidney Patients Care Congress, Screening of Hypertension Staff of Shiraz University of Medical Sciences, June 30, 1994, Shiraz-Iran
2. Congress of Drugs, Care and Rational Use of Drugs, Contraceptive Pills and Drug Interactions, 1997, Shiraz – Iran
3. 11th International Congress of Medical Geography, Iron Deficiency Anemia Screening in High School Adolescents in Lar, March 1997, Shiraz-Iran
4. The first seminar on home care, home care, 4- 2 March, 1997, Qazvin-Iran
5. Mental health seminar, a- Suicide and treatment methods in adolescents b- Care and education of mentally ill patients in the community, 1998, Shiraz- Iran
6. Nursing Care Seminar for Patients with Blood Disorders, Survey of Passengers' Knowledge about AIDS at Larestan Airport, 1999 Lar-Iran
7. Women's Health Seminar, A Study of Women Using Hormonal Methods of Family Planning, May 2002 Shiraz – Iran
8. The first national conference on sensory deprivation and overload, the process of creating deprivation and sensory overload, its causes and relationship with autism, May 2002, Tabriz-Iran
9. The third intensive care nursing seminar, rapid discharge of patients after heart surgery, May 15, 2002, Tehran-Iran
10. 2nd National Congress of Rehabilitation Nursing, Rehabilitation of Children with Cerebral Palsy, 2002, Tehran-Iran
11. A- Teaching drug regimen to clients with mental disorders B- Measuring methods of depression in hemodialysis patients National Congress of Non-Drug Therapies in Psychiatry, 2002, Tehran-Iran
12. The first congress of non-communicable diseases prevention, epidemiology of heart diseases in Larestan region, 2002 Tehran-Iran
13. 1 National Seminar on the Study of Interaction and Communication Strategies of Non-Governmental Organizations (NGOs), NGOs in Asia, 2003, Isfahan-Iran
14. 15th International Conference on Pediatrics, A. Study of pain in children and adolescents, B. Autism in children, 2003, Tehran-Iran
15. Sixth National Conference on Medical Education and the First International Conference on Reform and Change Management in Education, A Comparative Study of Job Satisfaction between Instructors and Students of Shiraz and Lar Nursing Schools, 2003, Tehran-Iran
16. 16th International Congress of Geographical Medicine and Oncology Congress, The Effects of Epitherapy on Cancer Prevention and Treatment, 2003, Shiraz – Iran

17. Scientific-Practical Conference on Substance Abuse Prevention, Substance Dependence in Nurses, 2004, Gilan-Iran
18. National Seminar on Stress-Related Diseases, Stress Relationship and Internet Addiction
19. 17th International Congress of Geographical Medicine on Kidney Diseases and Blood Pressure, Blood Pressure in Children and Adolescents: Prevention and Treatment, 2004, Shiraz-Iran
20. The Second Conference on Crisis in the Ramsar Family, Methods of Coping with the Family Crisis, 2004, Ramsar – Iran
21. The First National Seminar on Women's Health, A - Prevalence of Unwanted Pregnancy and Related Factors B- Investigating the role of communication in puberty health of middle school girls, 2004, Kurdistan-Iran
22. Reproductive Health Ibn Sina Research Institute, Women's Health Problems in the 21st Century, 2005, Tehran-Iran
23. Isfahan Aging Congress A- Drug Interventions in Aging B- Anti-Aging Drugs, 2005, Isfahan-Iran
24. The first seminar on quality improvement in nursing and midwifery, nursing students' understanding of the importance of care behaviors, 2004, Yazd-Iran
25. National Congress of Cancer and Blood Diseases, a- Compatibility with chemotherapy and its complications b- Study of physical and psychological dimensions of self-care in chemotherapy patients, 2005, Shiraz-Iran
26. 17th International Congress of Children, Long-Term Effects of Cancer Treatments on Children, 2005, Tehran-Iran
27. 6th International Congress of Obstetrics and Gynecology of Iran, A Study of Self-Care Behaviors in Women Referred to Shiraz Health Centers, 2005, Tehran-Iran
28. The first two-day seminar on safe pregnancy, the prevalence of hypertension during pregnancy and the factors affecting it 2005, Tehran-Iran
29. 2nd International Congress on Aging in Iran, A. Cancer treatments in the elderly B. Lung cancer treatments in the elderly, 2005 Tehran – Iran
30. 2nd International Psychosomatic Congress, a) Somatic disorders b) The effect of psychological factors on gastrointestinal disorders C) The effect of psychological factors on functional disorders of the gastrointestinal tract, 2005 Isfahan – Iran
31. The First Iranian Congress of Cardiac Anesthesia (Cardiac Care News), A - A Review of Complementary Medicine Nursing Care B - The Role of Complementary Medicine in the Improvement of Cardiac Surgery Patients, 2008, Shiraz – Iran

32. The First International Congress of Gynecological Cancer with the Participation of IGCS, The Role of Complementary Medicine in the Treatment of Gynecological Cancers, 2008, Mashhad-Iran
33. The First National Conference on Adolescent Health, Sports Injuries in Adolescents, 2008 Shiraz – Iran
34. First International Congress of Forensic Medicine, Forensic Nursing: A Combination of Health Care and Legal Occupation, 2009, Tehran-Iran
35. 4th Middle East Cardiovascular Congress, Prevention of Heart Disease in Women, 2009, Kish-Iran
36. The First Conference on Nursing and Midwifery Regions for Addiction Prevention in Educational Environments, A Survey of Internet Addiction in Students, 2009, Firoozabad – Iran
37. 16th International Congress on Fertility and Infertility, A. Quality of life in postmenopausal women receiving hormone therapy B. Use of acupuncture in the treatment of infertility due to polycystic ovary syndrome C. Effects of oral contraceptives on women's well-being, 2009
38. Conference on Urbanization and Health, The Effects of Urbanization on Health, 2010, Shiraz-Iran
39. International Conference on Cancer, Anxiety and Depression of Wives of Women with Cancer Undergoing Chemotherapy 2012 (2012) Kuala Lumpur – Malaysia
40. 10th Middle East Heart Congress, Application of Models and Theories in the Care of Cardiovascular Patients December 6-17, 2017 Kish-Iran
41. 8th Kosar International Heart Congress, Genetic and Environmental Principles of Heart Disease, 6-4 May 2016, Shiraz – Iran
42. 7th International Congress on Women's Health, The Effects of Chemotherapy on the Health of Women with Cancer, November 21-30, 2016, Shiraz – Iran
43. International Peace and Health Congress, The Role of Community Health Nurses in Health Protection and Peace Promotion, November 13-14, 2016, Shiraz – Iran
44. 11 Middle East Heart Congress, Comprehensive Care of Interdisciplinary Cardiac Patients, -4-4 May 2019, Shiraz- Iran
45. 12th International Middle East Heart Congress, Community Based Interventions in the Care of Cardiovascular Patients, November 13-17, 2016 Shiraz – Iran
46. 2nd International Conference on New Findings in Women, Midwifery and Infertility, A Review of Two Common Cancers in Women, 2020, Georgia

47. 6th International Conference on Health, Treatment and Promotion of Health, a- Study of the effect of educational intervention based on the Preseed-Process model on the preventive behaviors of diabetes and hypertension in patients referred to selected health centers in Shiraz b- The effects of education on knowledge, Attitudes and practices of caregivers in nursing homes in Mashhad. Georgia 2021

VIII. Thesis Supervision and Advisement

Years	Student	Title of Dissertation	Role	School/University
2014	Fatemeh Abbasi	Investigating the effect of education on knowledge, attitude and practice of elderly caregivers living in nursing homes in Mashhad	supervision	Shiraz University of Medical Sciences
2012	Maryam Ahmadi ezhad	Comparison of the effect of Pilates acupressure on anxiety and sleep quality in postmenopausal women Referred to selected clinics of Shiraz University of Medical Sciences	Advisement	Shiraz University of Medical Sciences
2017	Zahra Mohammadi	The effect of educating parents of children aged 1-5 years referring to clinics Selected city of Shiraz on the occurrence of drug errors in 2016	supervision	Shiraz University of Medical Sciences
2018	Marzieh Zare	Comparison of the effect of two methods of role playing and speaker on the knowledge of health volunteers in comprehensive health centers in Shiraz 2017	Supervision	Shiraz University of Medical Sciences
2019	Kadegeh Kayani	The effect of educational intervention using animation method using health belief model on pediculosis prevention behaviors in Elementary students and teachers of Bavanat city	Advisement	Shiraz University of Medical Sciences
2019	Mahbobeh Kazempour	Investigating the effect of model-based education Planned behavior on Perceived self-efficacy and social support of patients after transplantation Stem cells referred to Motahhari clinic in Shiraz	Advisement	Shiraz University of Medical Sciences

2019	Pyam Nikjo	Comparison of the educational effect of academic honesty with the two methods of the workshop and virtual Education on the knowledge and attitude of postgraduate students of the School of Nursing And midwifery	Supervision	Shiraz University of Medical Sciences
2019	Iran Tajik	Investigating the effect of applying health belief model on knowledge of 1-3 Years old children mother in the field of burn prevention referred to clinics affiliated to Shiraz University of Medical Sciences	Supervision	Shiraz University of Medical Sciences
2020	Maryam Saberi	Investigating the effect of using the promotion model Pender Health succeeds in breastfeeding education Pregnant women in selected comprehensive health centers in Shiraz in 1397	Supervision	Shiraz University of Medical Sciences
2019	Nahid Karimi	The effect of the use of blended e-learning on the ability of caregivers of cancer patients undergoing chemotherapy referred to clinics affiliated to Shiraz University of Medical Sciences	Supervision	Shiraz University of Medical Sciences
2020- present	Morteza Naseri	Design, validation and evaluation of educational scaffolding program for learning scrubbing and circular skills of operating room technology students: a mixed study	Advisement	Shiraz University of Medical Sciences
2020- present	Fatemeh Qani Dehkordi	Design and psychometry of ethical Behavior measurement tools for health care providers to hospitalized Patient	Advisement	Shiraz University of Medical Sciences

2020-present	Ismail Taghipour	Investigating the effect of drug and internet addiction prevention education through game-making method on knowledge, attitude and academic achievement of male high school students in Shiraz in 2020	Supervision	Shiraz University of Medical Sciences
2020-present	Yasaman Shafiaian	Investigating the effect of virtual education based on BASNEF model on preventive behaviors Of urinary tract infections in students Secondary school girl Fasa city in 1399	Supervision	Shiraz University of Medical Sciences
2020-present	Pegah Pourtavallari	Evaluation of the effect of obesity prevention education based on mobile health technology On the knowledge of mothers of children School ages in selected schools in Shiraz	Supervision	Shiraz University of Medical Sciences
2020-present	Masomeh Rahmdel	Comparative study of quality of sleep and nutrient intake in employees of Shiraz University of Medical Sciences with and without covid 19	Advisement	Shiraz University of Medical Sciences
2018-2020	Zahra Jamshidi	Improving the process of caring for trauma patients by the emergency staff of Shahid Rajaei Hospital in Shiraz	Advisemen	Tehran University of Social Welfare and Rehabilitation Sciences

IX. Research interests

1. Community Health Nursing
2. Elderly nursing
3. Nursing management
4. Prevention of occupational diseases
5. Qualitative studies
6. Action research
7. Mixed method research

X. Language Skills

Persian: Native language English: Reading, writing and speaking
Arabic: Reading

Fatemeh Vizeshfir * , , Mehrdad Rohaninasab , Sajjad Ranjbar Kouchaksaraei , Zahra Keshtkaran Evaluation of the effect of educational intervention based on Proceed -Proceed model on preventive behaviors of diabetes and hypertension in clients referred to selected comprehensive health centers in Shiraz

Fatemeh Abbasi , Fatemeh Vizeshfir * , Iran Jahanbin , Pyman Gafari, Effect of Education on Knowledge, Attitude, and Performance of Elderly Caretakers in Nursing Homes of Mashha

